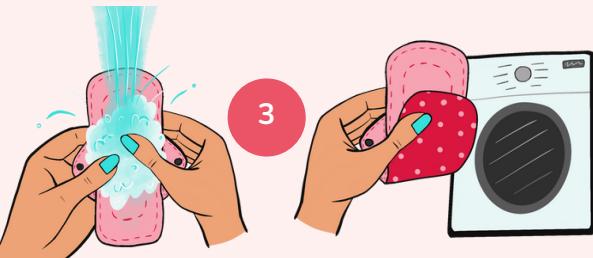


# Cloth pads



Hand wash OR Machine wash



# Menstrual underwear

1 Put on



2 Wear 4-12 hours



Hand wash OR  
Machine wash

3 Hang to dry



*the*  
**Period**  
*purse*

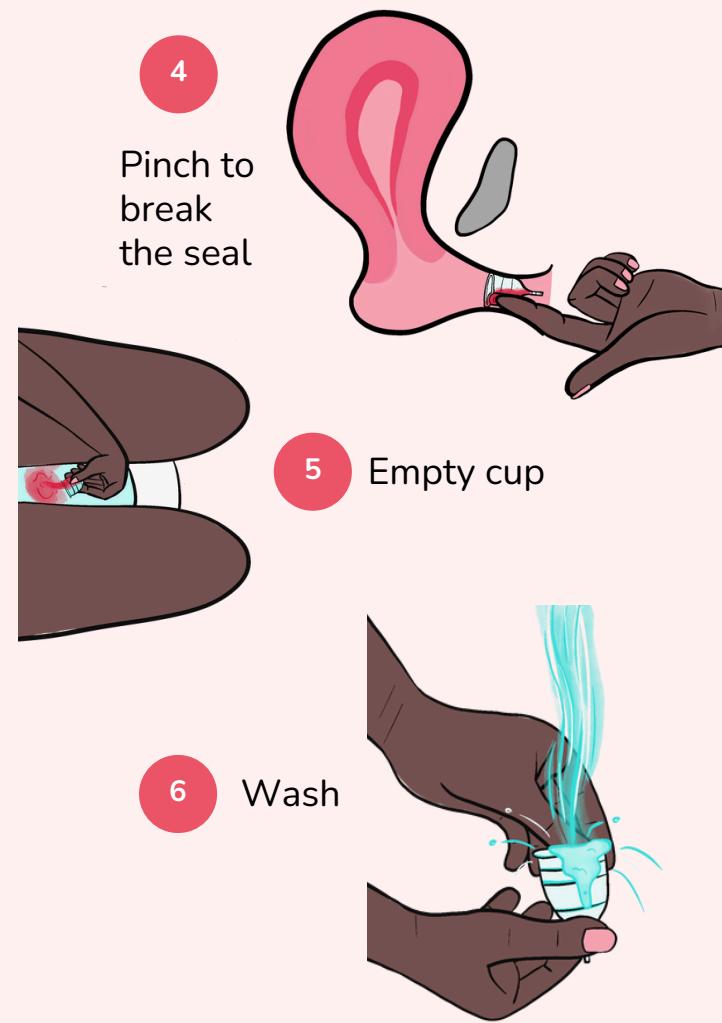
# How to use REUSABLE Period Products

[theperiodpurse.com](http://theperiodpurse.com)



@theperiodpurse

# Menstrual cups



Track your period for FREE

